

ChatGPT Prompting Guide for Creating Biofeedback Reports (Advanced Pathology + Nutrients + D Values)



Disclaimer

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✓ OVERVIEW

This guide helps users build a **comprehensive, client-ready report** from Oberon scan data using ChatGPT. It includes interpretation of:

- **Client-Reported Symptoms & Concerns (If provided)**
 - **Pathology Report (with Dispersion “D” Values)**
 - **Microorganism Report (with Dispersion “D” Values)**
 - **Key Detection Findings (Report 8)**
 - **Food Avoidance List (90-Day Protocol)**
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⚠ IMPORTANT CAUTION

While **Report 8** provides a basic list of nutrients and food suggestions, the **nutritional recommendations are not always accurate or clinically appropriate**. Users should:

- Double-check food suggestions with **external nutritional references** (USDA, IFM, NCCIH, etc.)
 - Focus on **whole-food sources** and real nutrient density
 - Use ChatGPT to **cross-validate or refine** these recommendations based on deficiencies found in the key findings.
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🧠 SAMPLE PROMPT TEMPLATE FOR CREATING A FULL CLIENT REPORT

Start with this base prompt:

Prompt:

Hi ChatGPT, I am building a comprehensive client therapy report using biofeedback data from an Oberon scan.

Here is the structure of my report:

- Client-reported concerns or symptoms
 - Pathology report (with “D” values – lower means higher concern)
 - Microorganism report (with “D” values)
 - Detection key findings (EFAs, vitamins, minerals, toxins, etc.)
 - Food avoidance list (90-day protocol)
 - Nutrient list from Report 8 (not always accurate — please verify or update food sources based on the nutrient focus)
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+ Add Data in Parts

Break it up into steps to avoid overwhelming the model.

Step 4: Add Client Concerns (manually typed)

The client has reported the following symptoms:

- Frequent urination through the night
- Psoriasis
- Adrenal Health

Please include these symptoms in the report and match them with relevant energetic findings and therapeutic priorities. Once confirmed I will paste the report data.

Step 2: Paste Pathology Report

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These are the pathology findings from the client scan. Please identify and summarize the items with the lowest “D” values first (0.000–0.099), as they are the highest priority for therapy focus.

Step 2: Paste Microorganism Report

Now here are the microorganism findings. Please highlight the microbes with the lowest D values (0.000-0.100) and explain how they might contribute to the client's current symptoms (e.g., urogenital distress, skin, and adrenal health).

Step 3: Paste Key Detection Findings (from Report 8)

Below is the client’s detection list: EFAs, minerals, vitamins, amino acids, toxins, heavy metals, EMF, etc. Please integrate this into your analysis and correlate any relevant findings with the pathology and microorganism report.

Step 5: Paste Food Avoidance List

Here is the client’s 90-day food avoidance list. Please include a section summarizing which foods to avoid, and how these ties into urogenital distress, detox pathways, or microbiome strain.

Step 6: Paste or Reference Nutrient Suggestions from Report 8 (optional)

Here is the nutritional optimization list from Report 8. **Please verify or improve on these food suggestions** based on known nutrient density and digestive compatibility, especially given the client’s reported deficiencies.

Final Prompt

Please now build a professional client therapy report that includes:

- An introduction
- Interpretation of findings (from all reports)
- A nutritional and detox strategy

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- Frequency remedy recommendations
 - Final summary with affirming tone
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 **BONUS PROMPT (if needing a therapy estimate):**

Please create a therapy estimate for a 6-week biofeedback program that includes:

- Weekly frequency sessions (4 sessions/week)
- Bi-weekly rescans
- Remedy creation (8–15 hours of formulation)
- Weekly check-ins and progress reports
- Estimated cost of \$1,200 total

Include value breakdown and client-friendly summary.

 **Training Notes to Include**

- **“D” value interpretation:** <0.5 = high concern → treat as priority
- **Always customize remedies and nutrition** to client symptoms + scan findings
- **Ask ChatGPT to summarize correlations** between systems (e.g., gallbladder → constipation → thyroid)
- **Validate Report 8 suggestions** against known food-nutrient relationships
- **Use the same format consistently** for professional-level reporting
- **Disclaimer** is required for practitioners and technicians.

Biofeedback Scan Report

Sample with Food

Suggestions



Client: [Name]

Date: [Insert Date]

Prepared by: Enter Balancing Rays

♥ INTRODUCTION

Dear [Client],

Thank you for allowing **Enter Balancing Rays** to support you on your wellness journey. It was an honor to complete your recent **biofeedback scan**, which provided valuable insights into your energetic patterns and physiological priorities. Your openness and commitment to improving your health naturally is a vital part of this process.

This report includes personalized guidance based on your scan results, along with a holistic strategy to support your body in achieving better balance, relief, and long-term vitality. Our goal is not only symptom relief but also root cause resolution — through nutrition, frequency, detox, and lifestyle support.

🌀 PRIMARY CLIENT CONCERNS

- Chronic constipation
- Thyroid dysfunction
- Frequent urination
- Structural degeneration: **Spondylosis at L4–L5**
- Reliance on **OxiPowder and enemas** for elimination

These issues reflect deeper imbalances in the **digestive tract, endocrine system, nervous system, and detox pathways** — all of which were confirmed in your scan.

 **PART 1: BIOFEEDBACK FINDINGS**

◆ **Key Imbalances Detected**

Category	Detection	Interpretation
EFA's	Omega 9	Needed for anti-inflammatory support, bowel lubrication, nerve sheath repair
Minerals	Silicon, Sodium, Molybdenum, Iodine, Manganese	Affect peristalsis, tissue elasticity, thyroid, liver enzymes
Amino Acids	Cysteine	Needed for bile flow, detox, and antioxidant defense
Antioxidants	Phytoestrogen	Indicates estrogen receptor sensitivity or hormonal imbalance
Vitamins	Vitamin C	Essential for bowel tone, adrenal health, tissue repair
Microbiology	Parasites	Confirms gut microbiome imbalance; contributes to constipation and poor detox
Toxins	Radiatii (Radiation)	May affect thyroid, nervous system, and hydration balance
Food Additive	E535 Sodium ferrocyanide	Linked to liver/gut load from processed foods
Heavy Metals	Molybdaenum Metallicum D6	Sulfite detox pathways compromised, common with constipation
EMF Sensitivity	Microunde (microwave frequency)	Affects neurological signaling, thyroid, and colon motility

 **Food Avoidance List (90 Days)**

Avoid to reduce inflammation, support microbiome reset, and improve detox:

• Red Cherry	• Paw Paw (Papaya)
• Tropical Fruits	• Goat's Milk
• Wheat	• Aubergines
• Nuts/Seeds	• Carrot
• Sunflower	• Unpasteurized Cheese

 **PART 2: MICROBIOLOGY & PATHOLOGY INSIGHTS**

 **Most Concerning “D” Values (<0.05)**

These represent highest-priority energetic imbalances.

System	Detection	D Value	Notes
Microbiology	Streptococcus agalactiae	0.003–0.007	Present in gut, urinary tract, blood — strong pathogen signal
Microbiology	Pseudomonas aeruginosa	0.005–0.009	Found in large intestine, lungs — linked to leaky gut & inflammation
Digestive	Acute Bronchitis	0.009	Indicates immune strain in mucosal surfaces (gut-lung connection)
Digestive	Atherosclerosis	0.015–0.050	Suggests vascular inflammation; possibly linked to constipation-induced toxicity
Digestive	Gallbladder Dyskinesia	0.061	Matches client’s chronic sluggish digestion and constipation pattern
Endocrine	Diffuse Goiter (Thyroid)	0.070	Indicates hormonal dysfunction, iodine deficiency

System	Detection	D Value	Notes
GI Tract	Helminthiasis, Colitis, Gastroenteritis, Dysbiosis	Various	Confirms compromised gut flora, parasites, and inflammation

PART 3: STRATEGY & RECOMMENDATIONS

◆ 1. Digestive Motility & Elimination Support

- **Replace overuse of OxiPowder & enemas** with long-term solutions:
 - Magnesium citrate (calm powder)
 - Flaxseed tea (gentle mucosal support)
 - Ground chia + aloe juice (gut hydration)
- **Bile activators:** Artichoke, dandelion, bitter greens
- Add **enzymes:** papaya, pineapple (small doses — papaya currently restricted)

◆ 2. Gut Microbiome & Pathogen Clearance

- Frequency imprints: *Streptococcus agalactiae*, *Pseudomonas*, *Giardia*, *Helminths*
- Gut-binding remedies: **chlorella**, **bentonite clay**, or **Zeolite (low dose)**
- **Fermented foods** (post 30 days): kefir, kimchi (if tolerated)
- **Probiotic spore-based formula** or probiotic-rich foods 2–3x/week

◆ 3. Thyroid & Hormonal Terrain

- **Support iodine, selenium, sodium intake** (via food first)
- Avoid endocrine disruptors (plastics, fragrances, fluoride)
- Frequency remedy: *Diffuse Goiter*, *Thyroid Regulation*, *EMF Detox*

◆ 4. Structural & Nervous System Support (L4-L5 Spondylosis)

- Minerals: **Silicon, Manganese, Magnesium** for bone + nerve sheath integrity
- Frequency: *Radiculopathy*, *Neuralgia*, *Lumbosacral Spine*, *Nerve Inflammation*
- Optional topical: **castor oil pack + frankincense on lumbar spine**

◆ **5. Hydration & Bladder Function**

- Increase **mineralized water** (add trace mineral drops or Celtic salt)
- Avoid **drying foods** (caffeine, high salt, dry crackers)
- EMF frequency remedy: *Microunde, Radiatii*

 **PART 4: FREQUENCY REMEDY PREPARATION (Optional)**

Focus Area	Frequency Targets
Colon & Gut Health	<i>Pseudomonas, Helminths, Dysbiosis</i>
Gallbladder & Bile Flow	<i>Dyskinesia, Liver Drainage, Duodenum</i>
Thyroid	<i>Goiter, Thyroid Terrain, EMF Detox</i>
Nervous System	<i>Radiculopathy, Nerve Inflammation</i>
Immune Reset	<i>Strep, CMV, E. coli, Herpes</i>

Prepare in water, sac lac, or neutral cream base — use 2–3x daily or as tolerated.

 **PART 5: DIETARY PRIORITIES**

 **Focus On:**

- Steamed vegetables, soups, hydrating fruits (avoid tropical for now)
- Omega 9s: avocado, olive oil, lamb
- Bitter foods: radish, dandelion, mustard greens
- Iodine: seaweed, eggs, wild fish

 **CONCLUSION**

Your scan highlights a complex but **highly addressable** combination of chronic gut stagnation, thyroid imbalance, and deep microbial stress — all of which are interconnected. The good news: with targeted nutritional support, frequency-based

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remedies, and daily hydration + detox rituals, your body has **immense capacity to restore balance.**

You are not alone in this process. With your dedication, we can help shift these long-standing patterns gently and sustainably.

Disclaimer – Biofeedback Therapy Services

The biofeedback therapies and wellness protocols offered by Enter Balancing Rays LLC are intended to support the body's natural ability to self-regulate and heal. These services are not a substitute for medical diagnosis or treatment by a licensed healthcare provider.

Biofeedback therapy is considered complementary and integrative, and while many clients experience positive results, outcomes may vary. No specific health outcomes or cures are guaranteed.

Clients are encouraged to continue all prescribed medications and follow the guidance of their licensed medical professionals. Any changes to medical treatment should be made in consultation with your primary care provider or specialist.

By participating in this program, you acknowledge that you understand the nature of these services and that you are voluntarily assuming any risks associated with their use.

If you have any questions about this disclaimer or your wellness plan, please do not hesitate to contact Kimberly.s@enter-balancing-rays.com