

How to Remove Graphene Oxide From Your Body

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Of course this is the stuff everyone is asking about and a big thank you to Ricardo Delgado at [La Quinta Columna](#) (the site is in Spanish, but there is a translation tool into English) for sharing his experience with this.

[FINAL_VERSIÓN_CAMPRA_REPORT_DETECTION_GRAPHENE_IN_COVID19_VACCINES\(1\)](#)

Supplements that Remove Graphene Oxide From the Body

His remove graphene oxide protocol includes the following:

- NAC (N Acetyl Cysteine) or Glutathione but NAC is preferred
- Zinc
- Vitamin D3
- Astaxanthin
- Quercetin
- Milk Thistle
- Melatonin (taken right before bed)

As he explains in the video (subtitled) all of these things except the Melatonin are taken in the morning before any food is consumed as they are much more easily absorbed on a completely empty stomach.

I've also heard these can supplements also be part of a good detox/deactivation to the shots and will update this post when more information becomes available:

- Niacin
- Melatonin (also levels can apparently be increased from eating pistachios)

Here's the original video with subtitles where he explains this protocol for removing magnetism from someone who has had the Pfizer shot which he has done successfully:

I personally would lean more towards the NAC vs the Glutathione as it tends to be much more economical and it's possible that only liposomal Glutathione is well absorbed into the cells. The quercetin may help carry these other things into the cell.

Also, in my opinion Melatonin should be avoided unless it's absolutely necessary as it may be much better for us to produce endogenous Melatonin and when we supplement with hormones like Melatonin it likely suppresses our natural production of Melatonin leading to dependence. That said the necessity of it may depend on the sleep cycle of the individual and it may be a good idea to consult a natural physician or Naturopath to discuss your specific needs.

If you choose to experiment with any of these detox methods to remove graphene oxide from your body, please share your experience in the comments below and go ahead and share this post with your friends and let's get rid of censorship of crucial health information.

Another helpful [article](#) on how to remove graphene oxide from the body.

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By: [Covid Truths](#)

On: February 1, 2022

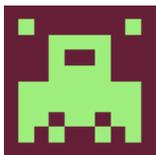
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2 Comments



1.

Ivermectin help reduce the severity of vaccine adverse reactions. If someone is suffering from a post vaccine syndrome, FLCCC clinicians and a growing network of colleagues have reported significant clinical responses to ivermectin. Because Ivermectin has 5 different mechanisms of action against coronaviruses, the medication is also effective with the different variants of the virus. Get your Ivermectin while you still can!

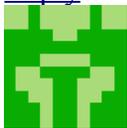
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2.

Thank you for this video. It was very informative and adds to my own routine. Just a note, Melatonin can also be boosted by eating Tart Cherries. You can buy tart cherry supplements or eat the dried cherries. I use both, and they are both very effective. Thanks again.